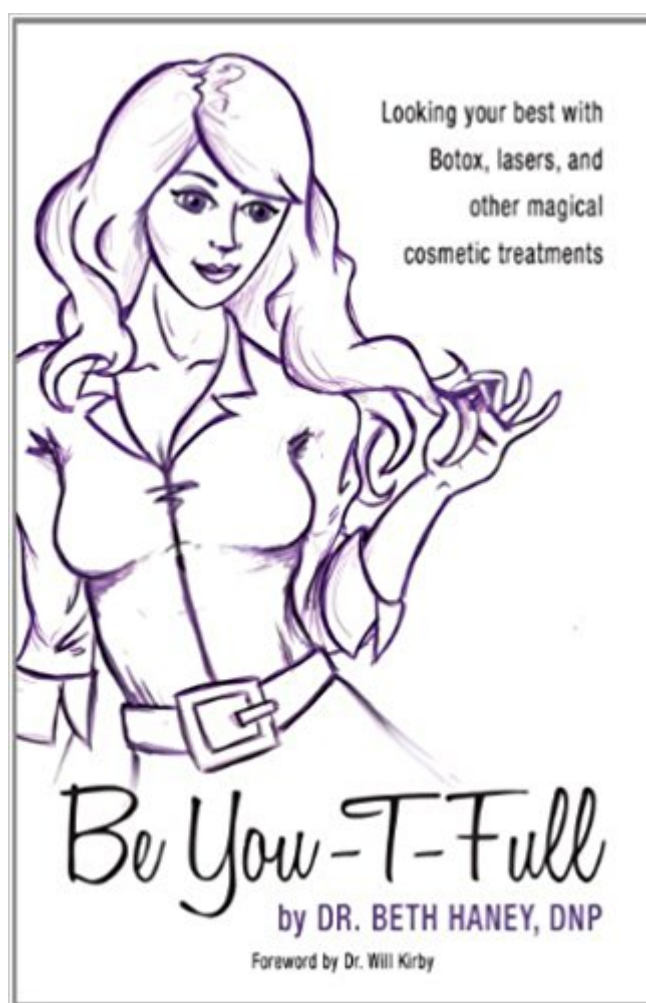


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# Be You-T-Full: Looking Your Best With Botox, Lasers, And Other Magical Cosmetic Treatments



## Synopsis

Most people want to look and stay young-looking for as long as they can. For many of us, the media continues to define unattainable standards of beauty through glossy magazine covers, movie content, and television programs. Bedeviling, yes. Subsequently, the demand for aesthetic medical treatments continues to grow at a rapid pace, not just in the United States but globally. The combination of the media and our desire to be young forever feeds this frenzy and creates a lot of questions. This is not a how-to book written by celebrities it s a no-nonsense guide to use in whatever way is appropriate for you. It is a compilation of real techniques, skin care options, and medical aesthetic (visually appealing) treatments that are effective for many people. Men included! This book is intended for all men and women; all shapes, sizes and ages, whether you re a sun worshiper, sun phobic, product-a-holic or needle phobic. Beauty has no limits!

## Book Information

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## Customer Reviews

Every person deserves a consultation with a skin expert, such as Dr. Haney and this is it. Her book reads like a group of friends sitting around a party discussing skin care with her, but getting correct, clinically evident information on how to care for your skin, prevent further damage and perhaps look a little fresher. It will surely be something I ll recommend for my patients. Be You-T-Full is very informative and fun to read! I recommend it to my patients because it explains complex procedures and treatments in an easy to understand way. They will have a clear idea of what they want or need and what really works! It also answers questions about regular skin care issues for those who don t necessarily want to get cosmetic treatments done. --- JoAnn Eastman, RN, BSN, Aesthetic

## Specialist

The path to beauty or slowing the aging process is complicated to understand because of the myriad of cosmetic treatments currently on the market. I share valuable advice, and break down what distinguishes one treatment from another. For example, what the difference is between Botox and dermal fillers or which type of laser to choose: a CO2 (Carbon Dioxide) or an IPL (Intense Pulse Light). "Be You-T-Full" also includes before and after photo comparisons and testimonials from celebrities, nurse practitioners, registered nurses, aestheticians and patients. The book has more than 160 pages of useful information that helps the reader sort through cosmetic treatments to save money before investing in any procedures. "It's important to put your best foot forward with everything in life, especially when it comes to managing your health and beauty, which is one of the reasons I wrote this book," said Dr. Haney. "Be You-T-Full is a resource everyone should have before their next trip to a dermatologist, medical spa (med spa) or aesthetician. My book can save time, money and will guide readers to finding the most effective treatment to reach his or her ultimate beauty goals," she added.

This book is an absolute must read for women and men who are troubled with their skin aging or otherwise. I have always been one of those people afraid of needles and injections with no good reason because the truth is that I have always had problem skin my entire life - acne, sensitivity and now wrinkles and scarring. I have been sold every product on the market with the promise of perfect skin and regained youthfulness. Recently I have been contemplating botox, injectables, chemical peels and laser surgery. This book has given me the insight needed to make an informed decision based on the latest information. I have been longing for a book like this - thank you, thank you, thank you.

I loved the book! It explained the pros and cons of cosmetic procedures and current trends in cosmetic makeovers and was fun to read. The information was very informative for a person considering a procedure and not sure what is the best alternative. The book presented a lot of information on various procedures and also how to keep your skin and body healthy throughout the aging process. I enjoyed it and would recommend it.

It gives the lay person great information about what is available in aesthetic medicine and the pros and cons of the product.

I love this book and call it my Skin Care Bible. For me it is a reference book. I frequently revisit this book each time I have a skin concern. I have purchased several copies of this book to give to my friends as gifts. As a matter of fact, it is my favorite hostess gift to give. My friends all agree how useful this book is to those of us who want to care properly for their skin. It is the only book of its kind and is user friendly. An added bonus is the humor Dr Haney provides along with her invaluable information. You will love this amazing book. Christine Rosenberg Occupational Therapist

I really love this book!! As an aesthetic provider, it's a great resource for customers who may be apprehensive about these procedures. It is well written, with in depth and easy to understand explanations of what's available in cosmetic treatments. I highly recommend this book for anyone who might be interested in enhancing their youthful radiance.

I love love love this book! In an industry that is saturated with a million products and so many new machines that claim to do it all, it is nice to have an unbiased guide to help you through all the information. The book discusses complex treatments and breaks it down into easy to understand terms and concepts that are really enjoyable to read. The book also offered some great skin care tips that I started doing that same day!

As a baby-boomer wanting to age gracefully, though not too quickly, Be You-T-Full gave me lots of tips for looking my best. I was surprised to learn just how little I knew about the different products & procedures that are available. This book explained the many options so clearly, including their realistic results, down-time, & approximate pricing. It's a great reference for anyone considering botox, laser treatments, and/or other non-surgical improvements.

Great book with great information. I've loaned this book to so many friends I need to get another because mine is falling apart! It is written in easy-to-understand style and takes the mystery out of plastic surgery.

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